



# The Civic Courier

The Women's Civic Club  
of Panama City Beach,  
Inc.

Volume XIV- Issue 3  
November 2024



**Nancy Stovall**

## From the President's Desk

Dear Members:

October was a month filled with lots of activity for the Women's Civic Club. From raising funds at the Pirates of High Seas and Renaissance Fest and at Ironman; to sharing time and fun with the Charter Senior Living Residents, Superior Residence ladies and Girls, Inc girls; to the planning of the Arts and Craft Show and the Diamond Jubilee Gala fundraisers and finally enjoying the Kirby Holt's Christmas Showcase.

Our members believe in the mission of doing the best for the Panama City Beach community and work tirelessly to fulfill the mission. Even with challenges, the club succeeds because of teamwork, innovation, communication, and creativity. The support to each other and the commitment to the community is key in making things happen.

While November is best known for Thanksgiving and Veteran's Day, it is packed with abundance of opportunities for the club. Begin, or continue, your Christmas shopping during the Arts and Craft Fair on November 9<sup>th</sup>. Get in the holiday spirit, by joining with others in the assembly of the s'mores kits to be handed out at Home for the Holidays. As part of your Thanksgiving holiday, enjoy a cup of hot chocolate and a s'more at Home for Holidays on November 29<sup>th</sup> and 30<sup>th</sup>.

*"Alone we can do so little; together we can do so much".* Helen Keller

Nancy

## "October Luncheon with Dr. Kimberly Peacock"



**Spice It Up!** And Dr. Kimberly Peacock did just that! What an eye-opening experience it was. Led by the esteemed Dr. Peacock, a renowned specialist in nutrition and chronic disease prevention, we dove into the transformative power of herbs and spices. Through her expert guidance, we explored how these flavorful ingredients not only enhance our meals but also play a pivotal role in boosting our overall health and well-being.

One of Dr. Peacock's favorite quotes from Dr. Colin Campbell is, "It's never too late to start eating well. A good diet can transform your health." We discussed inflammation as the body's protective response that can become harmful when chronic. While our bodies produce some antioxidants, most come from our diet, and nutrients in anti-inflammatory foods can help mitigate inflammation. We explored four favorites and their health benefits.

### 1. Peppercorn: King of spice

- A berry that comes from a fruit.
- Native to India.
- Black Gold; one of the longest histories as a sought-after spice, due to its ability to flavor foods, act as a preservative, and add heat to a dish.
- Piperine is considered to be a type of antioxidant that helps to lower the risk of chronic illnesses.
- This compound has a positive effect on nutrient bioavailability as well. When you add black pepper to your meal, you increase the amount of nutrients absorbed into your bloodstream.

- Black pepper stimulates the taste buds to signal the stomach to produce hydrochloric acid, which aids digestion. The outer layer of peppercorns also contains piperine, an alkaloid that increases the body's ability to assimilate cancer-fighting nutrients including beta-carotene, curcumin and selenium. The National Cancer Institute says piperine also may have anti-inflammatory and anti-tumor properties.

## 2. Cinnamon: Cinnamon-Nature's gift

- Made from strips of the inner bark of the Cinnamomum trees.
- Known for its powerful anti-inflammatory, anti-diabetic, antimicrobial, and antioxidant properties.
- Cinnamon has been used for over two thousand years medicinally. True cinnamon, cinnamomum zeylanicum or verum, is native to Sri Lanka (formerly known as Ceylon-salon) and southern India. Cassia refers to a group of other cinnamon species that grows throughout China and Southeastern Asia. Both are sold in the US. The major difference between these two forms of cinnamon are that Cassia is higher in coumarin, a compound that can be harmful to the liver when taken in high quantities. Ceylon, true cinnamon, contains only a trace of coumarin.

## 3. Ginger, universal medicine

- Commonly referred to as the root, it is the stem of the ginger plant.
- Cousin to turmeric and cardamon.
- Powerhouse compound=gingerol.
- Ginger has a powerful anti-nausea, antioxidant, anti-inflammatory, and anticancer biological activities.
- Ginger is known for helping with nausea and an upset stomach; that effect is increased when it's consumed with some protein, which can be especially helpful for chemotherapy-induced nausea. Ginger's active component is spicy gingerol.

## 4. Turmeric- one who is victorious over diseases

- Most turmeric is grown in India, and they consume almost 80% of their crop.
- Long history of medicinal use, dating back to over 4,000 years ago.
- Best known for its anti-inflammatory, antimicrobial, anticancer, antioxidant and antiseptic properties.
- Has been used for thousands of years to treat ailments such as: digestive issues, arthritis, asthma, menstrual problems, cuts/burns, and fungal infections.
- The part that is used for both culinary and medicinal purposes is the rhizome (underground stem). It is similar in appearance to ginger but with a much richer orange red color.
- Research: More than 100 controlled clinical trials have shed light on the potential use of Turmeric in cardiovascular and brain health, arthritis, depression, diabetes, fatty liver disease and cancer.

On behalf of everyone in attendance, I believe I speak for us all when I extend our heartfelt gratitude to Dr. Peacock for sharing her invaluable wisdom, expertise, and practical health tips. Her insightful presentation has not only inspired us but also empowered each of us to make more informed, proactive choices regarding our well-being. Dr. Peacock's passion for promoting health and her commitment to improving lives is truly commendable, and we deeply appreciate the time and effort she has invested in guiding us toward healthier, more balanced living. Thank you, Dr. Peacock, for your dedication and for enriching us with your knowledge.

**MINI FASHION SHOW:** Our October mini fashion show was stunning! Bobbi Griggs, along with Sara Green and Sharon McDonald featured an array of beautiful handpicked stylish outfits from Sol Shine Coastal Boutique, each reflecting the latest trends in fashion. From laid-back casual chic to sophisticated evening attire, the models owned the runway, leaving the audience both inspired and captivated. To top it off, a lovely door prize added an extra touch of excitement. Thank you Bobbi and thank you Sara and Sharon!

**THANK YOU!** We extend our heartfelt gratitude to all our members and guests who joined us and participated in our October luncheon.

A big thank you to Sharon Williams and Roberta Bernhardt for their unwavering dedication and hard work in raising awareness, collecting, and delivering essential items for victims of domestic violence. We appreciate their time, energy, and compassion in helping make a difference in our community.

**NOVEMBER LUNCHEON:** We can't wait to see everyone at our November luncheon, which will be held at Hyatt Place, 15727 Front Beach Road, Panama City Beach, FL. We will be meeting on the 2nd floor in "The Dunes" room.

Please look for your emailed invitation to the luncheon and respond by the deadline to help us reserve your spot and provide the venue with an accurate count.

We don't want you to miss out, so your timely response is greatly appreciated! We are thrilled to announce that our guest speaker for the November luncheon will be **Andrew B. Starr**, Chief Health Operations Officer at Tallahassee Memorial HealthCare. In addition to his current role, Andrew also serves as the lead executive for the Panama City Beach campus and market.

We are looking forward to welcoming Mr. Starr and we are eager to hear his insights into the evolving landscape of healthcare, his vision for our community, and the important role that Tallahassee Memorial HealthCare plays in our region.

Please join us for what promises to be an enlightening and engaging discussion.

Looking forward to seeing y'all on November 7th!

*Jane Fillingim*, Lunches and Programs Chair

## **Fashion Show**

Explore the "of-the-moment" style ideas at the upcoming monthly WCC November "mini" fashion show. Carol Adams and Soula Dortch will be presenting dress up or dress down fashions from Loft. Loft offers more relaxed fashions for work and home in the "moderate" price range and consists of luxury apparel, accessories and shoes.

Carol Adams' interest in style and fashion began when she was a very young girl playing with Barbie dolls. Carol says, "I absolutely loved picking out her outfits and changing her clothes multiple times a day. Imagine my joy when I discovered I could pick up clothes and put them in "outfits" for myself! I was hooked. I loved putting jewelry, shoes, purses, you name it, with my clothes. I loved that my job before I retired required suits or business attire. It was an adjustment retiring and dressing in casual clothes more often. But, I am discovering I love that too!"

Soula Dortch's in style and fashion began in her teens. Soula says, "I have always tried to embrace my personal style and wear what makes me happy and reflects my personality. I am open to trying new things and not afraid to follow trends. My mother was a great influence in my liking fashion at a young age. She was beautiful and stylish, a real clothes horse. Fashion can be fun and expressive."

November radiates the birthstone colors of topaz and citrine. Birth flowers for November are chrysanthemum and peony. Colors and shapes range from white, yellow, red, coral, orange lavender and green. Join the Fashion Show Committee by wearing your favorite fall colors and we look forward to seeing you!

*Bobbi Griggs*, Fashion Show Chair

## ***"Welcome New Member"***



**Sharon Burnett, Membership Chair Arlene Klaas, Sponsor Donna McElroy**



**Sharon Burnett**

Hello everyone! My name is Sharon Burnett. I'm excited to be part of the group! I've been married to my husband, Darrell, for 52 wonderful years. We have two children and are blessed with four granddaughters. Our family calls Indianapolis, Indiana, home. My husband and I were previously snowbirds, but made our home in Florida in 2022 when we built our home in Latitudes Margaritaville.

I enjoy staying active by walking, biking, and going to the gym. I also enjoy going to the beach and shopping. My husband and I love meeting with our small group from church weekly as well.

In addition to my love for staying active, I find great joy in giving back to the community. I've been a volunteer regularly at our church's food pantry, where I've been able to support those in need and connect with others in a meaningful way. I'm excited to be a part of the WCC of Panama City Beach and look forward to getting to know all of you better.

## ***"Fulfilling Our Mission of Improving Life in Panama City Beach Community"***

### ***Raising Funds***

#### **Arts and Craft Show**



***Fall Fling Arts and Crafts Show and Sale***  
Saturday, November 9, 2024; 9 AM - 3 PM  
Frank Brown Park Recreation Center

Get a jump on your holiday shopping with unique gifts handcrafted by local artisans! We have many new vendors this year along with some returning favorites.

Explore our wares:

- A variety of jewelry handcrafted from many different materials and in many different price ranges!
- Hand-carved ostrich eggs turned into beautiful lights - you have to see them in person!
- Handmade wooden items in a variety of styles - pens, cutting boards, decorative items - some new woodworkers this year with exciting designs!
- Original art from a variety of local artists in many different styles and techniques!
- Fun items that make great gifts for children and the children in all of us!
- Beautiful embroidered items - bath towels, kitchen towels, totes, and much more!
- Hand-knitted and hand-crocheted items to wear and use - new vendors with some amazing designs!
- Delectable baked goods from new bakers - I kind of, sort of promise the calories fell out!
- Home decor - candles, wreaths, wall decor, stained glass, and more - holiday and year-round designs!
- Purses - tie-dyed, quilted, crocheted - lots of sizes, styles and designs!
- Vibrant metalworks that last forever - indoors and outdoors!
- And Last, but not least...This year we have added a *Literary Cafe* and will have 6 local authors in house - great time to meet the authors and pick up an autographed book for yourself or a special gift! There will be an assortment of genres - children's books, poetry, historical fiction, mystery, and spiritual.

You can also dine at our kitchen committee's cafe. Breakfast and lunch items, as well as drinks and baked goods!



We have the goods, now we need the shoppers - please come shop and please share this event with friends, family, neighbors, churches and senior living communities! Let's get a packed show!

*Julie Sanders, Chairman*

Thank you to the marketing team and their efforts in promoting our Fall Fling Juried Arts and Craft Show fundraising event. They are doing an amazing job at getting the word out for our upcoming Fall Fling! Every spot was filled for flyer delivery to local complexes. Kris Sadoris and Kay Vider designed the billboard for advertising the Fall Fling. Kay Vider is setting up the News spot. Social media engagement from our members is excellent. There are features in PCB Life, Bay County Coastal, Beach Buzz and Visit PCB. An article featuring our club has also been submitted to the Chamber's award-winning magazine "The Circuit".

## Dance and Silent Auction



**WOMEN'S CIVIC CLUB**  
Celebrating  
**60**  
YEARS  
est. 1960  
OF PANAMA CITY BEACH, FLORIDA, INC.

# Diamond Jubilee Gala

## DANCE & CHARITY AUCTION

**Ticket Sales Begin November 7th**

**The countdown is on! Join us in celebrating 60 years of caring and sharing in our community at the Diamond Jubilee Dance & Charity Auction Gala on February 1, 2025, at the Boardwalk Beach Hotel and Convention Center. This spectacular evening will feature an exciting auction, dinner, dancing, and entertainment, all while supporting local charities in Panama City Beach.**

**Individual tickets are \$50 each and will be available starting November 7th at our luncheon. Mark your calendars and don't miss your chance to be a part of this memorable night!**

**In addition to attending, you can further support our mission by becoming a sponsor. Sponsorships are a great way to ensure you and your friends, neighbors, or co-workers can sit together while enjoying special perks. These packages provide excellent visibility for your group or business, while helping us continue making a positive impact in our community. Various sponsorship levels are available, each offering unique benefits.**

**Let's celebrate 60 years of giving back—together!**

**6:00 PM - 10:00 PM**  
Boardwalk Beach Hotel and Convention Center  
9600 South Thomas Drive  
Panama City Beach, FL 32408

**FOR DETAILS OR FOR SPONSOR INFORMATION,  
SCAN THE QR CODE  
OR VISIT WCCPCB.ORG**

*Diamond Jubilee Gala*

WOMEN'S CIVIC CLUB  
Celebrating 60 YEARS  
1965-2025  
OF PANAMA CITY BEACH, FLORIDA, INC.

*Sponsorship Opportunities*

**Gold Sponsor**  
\$2,000

- Verbal Recognition as a Gold Sponsor
- VIP Early Entry Time
- Complimentary Tickets and Table Reservation for 10
- Premium VIP Table Placement
- Dinner Served with Priority
- Website, Event, and Social Media Spotlight
- Logo Included on Event Materials and Website
- Opportunity to Provide Promotional Material
- Champagne Served

**Silver Sponsor**  
\$1,000

- Verbal Recognition as a Silver Sponsor
- VIP Early Entry Time
- Complimentary Tickets and Table Reservation for 10
- Premium VIP Table Placement
- Dinner Served with Priority
- Website, Event, and Social Media Spotlight
- Logo Included on Event Materials and Website

**Bronze Sponsor**  
\$750

- Verbal Recognition as a Bronze Sponsor
- VIP Early Entry Time
- Complimentary Tickets and Table Reservation for 10
- Premium VIP Table Placement
- Dinner Served with Priority
- Website, Event, and Social Media Spotlight
- Name on Event Materials

Saturday, February 1, 2025 16:00 - 10:00 PM  
Boardwalk Beach Hotel & Convention Center, Panama City Beach, FL

WOMEN'S CIVIC CLUB OF  
PANAMA CITY BEACH, FLORIDA, INC.

Presents

*Diamond Jubilee Gala*

**DANCE & CHARITY AUCTION**

CELEBRATING 60 YEARS OF CARING AND SHARING IN OUR COMMUNITY

Saturday,  
February 1, 2025

6:00 PM - 10:00 PM  
Boardwalk Beach Hotel and Convention Center  
9600 South Thomas Drive  
Panama City Beach, FL 32408

FOR DETAILS OR FOR SPONSOR INFORMATION,  
SCAN THE QR CODE  
OR VISIT WCCPCB.ORG

It's that time again! Time to contact our businesses and tell them about our February 3, 2025 Dance and Auction event. This is a time we can partner with our business friends in an effort to support our local charities. The Dance and Auction communities are happy to say we are ahead of schedule in our planning and preparation for this year's celebration. That is why we wanted to encourage everyone to go ahead and reach out to your potential donors so they can include us in their upcoming budget or put us on their support list for 2025. As we all know by now, it takes going back several times to actually get the auction items after you get a commitment. That is why we are excited about getting such an early start so maybe our partners will have more time to plan their means of support for the event. Kelly and I have the donation letters if you need some. Just contact one of us and we will get them to you. We are looking forward to another successful fundraiser and can't wait to work with all of you to have a fun and successful auction.

The Potential Donor list was emailed to everyone on October 16<sup>th</sup>. It is an alphabetical listing of donors who have given to us in the past and provides the name of the member who is soliciting that business for our next Silent Auction. If you are looking for a business to ask about a donation, refer to the list and checkout the ones in yellow, as no one is currently pursuing them. Contact Kelly if you are wish to pursue any these donors on the list or if you would like to add new donors.

## Special Beach Events

### Pirates of the High Seas and Renaissance Fest

October 11-13 was a weekend of swashbucklers, fair maidens, mermaids, knights and of course pirates of all sizes! The Special Beach Events committee was delighted to be tasked by Visit Panama City Beach to be their beer and merchandise vendor for the Pirates of the High Seas and Renaissance Festival. It was a busy 3 days, but what fun! We all enjoyed the many costumes, the music and entertainment, the exhibits, and the many visitors to our beautiful community.

Many thanks go to all of our WCC members who worked and brought along spouses and friends to assist in this huge task of keeping those thirsty pirates satisfied. We also ensured all festival goers could take home a souvenir tee shirt, sweatshirt or commemorative mug to remember the weekend.

We greatly appreciate Visit Panama City Beach for this opportunity to earn funds that will go to support the WCC mission of improving life for all in the PCB community. As Dena Roewe said after working the event, "Teamwork makes the Dream work"! This was a great start to our many fundraising opportunities for the year.

THANKS to all!

*Cheri Leistner and Sue Jiles, Special Beach Event Chairs*





**Arlene Klaas, Jeanette Poland, Pam Davis, Sue Jiles, Dena and Barry Roewe**



**Pamela Sanders, Faye Culpepper, Lynn Padgett, Sharon Williams**



**Natalie May, Patty Rocco**



**Arlene Klaas, Gloria Turner, Michelle Coombs**

*"Supporting the Community"*

**Community Outreach**



**Gloria Turner (center) with Charter Residents**



**Monica Thomas with Girls, Inc Students**



**Brenda Bryson, Annetta Henderson  
with Girls, Inc Students**



**Sharon McDonald, Gail Claffey, Dena Roewe  
with Girls, Inc Students**

Community Outreach members assisted Superior Senior Living staff with a Halloween Tea Party for the resident ladies on October 16<sup>th</sup>, hosted a Fall theme party for the Red Hat Tea Party at Charter Senior Living on October 22<sup>nd</sup>, and taught the girls at Girls, Inc. on October 23<sup>rd</sup> how to play Left Right Center rewarding them with goody bags, candy and snacks.

### **Domestic Violence**



Thank you for the generous donations to be used at the Domestic Violence safe house. The donations will be used to furnish the basic necessities to those who no longer have a safe environment in which to live.

*Sharon Williams and Roberta Bernhardt, Domestic Violence Liaisons*

### **Food Pantry**

As we all are aware the cost of food has gone up for several months now. Even though the percentage of increase has leveled off, it is still up from a year or two ago. I reported in July 2024 that the Gulf Beach Presbyterian Church Food Pantry, which we support, had the highest number of meals prepared. Unfortunately, that record was beaten in August then again in September. In those two months the pantry served 771 clients which equals 6,939 meals. For comparison in 2022 for five summer months, the pantry served 6417 meals and for the same five summer months in 2023, they served 5,931 meals.

The Food Pantry is open Monday, Wednesday and Friday from 9-11am. After July's increase in clients the food pantry coordinator added an additional volunteer on Friday, now there are three. Fortunately, since moving into a larger area they have more freezers and storage space and have the capacity to stock more food. All pantries here on the beach are supported by their community. With that being said, below is a list of items needed by the pantry to provide Thanksgiving Baskets, I am asking for you to consider the above information and donate food and/or money at our November business luncheon.

Blessing to all!

*Gloria Turner, Food Pantry Liaison*



## Food Pantry - Thanksgiving Basket Items to be collected at the November Luncheon

- \*Dried Potatoes
- \*Canned Chicken Broth
- \*Gravy
- \*Canned Corn

- \*Canned Cranberry Sauce
- \*Boxed Stuffing
- \*Canned Green Beans
- \*Canned Yams

## Fashion Fundraising Event



**LILLY PULITZER GRAND BOULEVARD** at 440 Grand Boulevard, Suite 104, Miramar Beach, FL 32550 is hosting a "Sip and Shop" event on Saturday, November 9<sup>th</sup> from 3PM to 8PM. Ten percent (10%) of the proceeds from this event will be donated to the Women's Civic Club of Panama City Beach. Take this opportunity to shop, enjoy yourself and support the club.

## *"Recognizing our Members"*

## Happy Birthday Wishes!!

### November

- 02 Sara Green
- 17 Carol Benson
- 18 Rhonda Zartman
- 26 Carol Adams
- 27 Nan VandenBerg
- 29 Jayn Collins



*"Aging is not lost youth but a new stage of opportunity and strength!"*

## *"In Appreciation"*

### **From: Ed Nendick**

Thank you for your sentiments! I held a celebration of life at the VFW where we met 7 years ago. She was so loved that over 100 people showed up and 9 speakers came to describe the love she showed everyone. I fell in love with her when I first saw her. We had 7 years together honeymooned in Key West. She was so happy when she was getting (to work) with the Women's Civic Club. Please share my sentiments with the rest of the club. Sincerely.

Thank you for your donation to Humble House in Jane Nendick's name! Jane's celebration of life had over 100 people and 9 speakers! She was well loved. She loved all of you at the Women's Civic Club! We had a great 7 years together. I really miss her as I'm sure you all do.

### **From: Humble House Ministries**

We received your gift donation today in memory of Mrs. Jane Nendick. We truly appreciate your gift and are honored that Humble House Ministries was chosen as a beneficiary. Your gift is such a blessing and will benefit women in our care from addiction. Warm Regards.

### **From: Panama City Beach Library**

The Panama City Beach Library of Panama City Beach, FL gratefully acknowledges your donation to purchase new titles. Your continued support over the years is greatly appreciated!

The following books were purchased for the PCB Library with PCB WCC Funds:

#### **Adult Mystery**

Close to Death  
Death Behind Every Door (Original)  
First Frost: A Longmire Mystery  
The Instruments of Darkness: A Thriller  
A Killing on the Hill: A Thriller  
The Last Hope: A Maggie Hope Mystery  
The Last Word  
Long Time Gone  
One Perfect Couple  
Pay Dirt: A V.I. Warshawski Novel  
Southern Man

#### **Adult Fiction**

Clive Cussler: The Heist  
The Devil's Fortress  
Ella  
Evergreen Christmas  
The Goddess of Warsaw  
Look on the Bright Side  
Midnight Harbor  
The Museum of Lost Quilts: A ELM Creek Quilts Novel  
The Paradise Problem  
The Stellar Debut of Galactica Macfee  
The Summer We Started Over  
Tom Clancy: Act of Defiance

#### **Adult Large Print Mystery**

The Boy Who Cried Bear  
Don't Let the Devil Ride  
Flashback  
Has Anyone Seen Charlotte Salter?  
In Sunshine or in Shadow  
The Midnight Feast  
Murder at Haven's Rock  
Reflections of Deviance

#### **Adult Large Print Fiction**

Amish Love Letters  
Bride  
Eruption: Following Jurassic Park  
Flashpoint: An FBI Thriller  
Husbands & Lovers  
Long Island  
Mind Games  
You Like It Darker

#### **Juvenile Board Books**

10 Little Race Cars  
Brown Bear and Friends 123  
Brown Bear and Friends Colors  
Good Night, Little Fish  
Llama, Llama Feelings

#### **Juvenile Picture Books**

Brandon and The Baby  
A Crocodile Should Never Skip Breakfast  
David Goes to School  
Pearl's Lost Pearls  
We Don't Eat Our Neighbors

Making Faces: A First Book of Emotions  
 Odd Birds: Meet Nature's Weirdest Flock  
 Pajama Time!  
 Where is the Green Sheep?

**Juvenile Easy Reader**

The Cool Bean Makes a Splash  
 Eagles in the End Zone  
 Harry at the Dog Show  
 Makeda Makes a Birthday Treat  
 Rex Finds an Egg

**Juvenile Fiction**

Jerry, Let Me See the Moon  
 The Labyrinth of Lost and Found  
 Out of the Valley of Horses  
 Seashell Key  
 Through a Clouded Mirror

***"In Memory"***



**Regina "Jean" Cooney (in all red)**



**Regina "Jean" Cooney , Fire Captain, Frank Cooney**

Regina (Jean) Cooney, 95, of Panama City Beach, Florida died September 25, 2024. She was born in Providence, Rhode Island. Jean married her forever adoring husband Frank, a WWII Army veteran, in 1946. He passed in 2019 at age 97. They moved to PCB from Warwick, RI in 1992.

As the oldest child of 10, she was a kind and loving daughter to her mother, wife, sister, mother and grandmother. She always put her family first. She was a true friend and neighbor to many. Regina never met a stranger!

Regina enjoyed life to her fullest, especially her time as “The Warwick Star Market Flower Lady”, as “Queenie of the Sunshine Girls”, and her water aerobics joy at GCSC for 25 years. Regina was a member of the PCB Woman’s Civic Club (installed in December 1993) and the PCB Garden Club. In 2017 when the WCC donated funds to purchase smoke detectors for the PCB Fire personnel to install in the homes of the elderly, Jean and her husband Frank requested one and opened their home to the fireman and TV news staff for a filming of this community project.

Many of our members had the opportunity to visit with Jean during the Red Hat Tea Parties at Charter Senior Living.

***"Upcoming Events"***

- Nov 1 Ironman Athlete Check In at Aaron Bessant Park, 8AM-12PM
- Nov 7 Luncheon and Business Meeting at Hyatt Place, 15727 Front Beach Road, 11AM
- Nov 9 Fall Fling Arts and Craft Show at Frank Brown Park, 9AM-3PM
- Nov 9 "Sip and Shop" Fundraising Event at Lilly Pulitzer, 440 Grand Blvd, Miramar Beach, 3PM - 8PM
- Nov 14 Backpack for Blessings at 158 Griffin Blvd, 8:30AM
- Nov 21 Backpack for Blessings at 158 Griffin Blvd, 8:30AM



- Nov 21 Board Meeting, Location to be determined, 10AM
- Nov 22-23 Smore's Kits Production
- Nov 29-30 Home for the Holidays at Aaron Bessant Park
- Dec 5 Christmas Luncheon at Boardwalk Beach Hotel, 9600 S Thomas Drive, 11AM
- Dec 7 PCB Marathon
- Dec 12 Backpack for Blessings at 158 Griffin Blvd, 8:30AM
- Dec 19 Backpack for Blessings at 158 Griffin Blvd, 8:30AM
- Dec 19 Board Meeting at Chamber of Commerce Boardroom, 10AM
- Dec 31 New Year's Eve Beach Ball Drop at Pier Park and Aaron Bessant Park

***"The Women's Civic Club of Panama City Beach, Inc"***

**Contact Information**

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 Women's Civic Club of Panama City Beach  
 Hashtag: #wccpcb

**This newsletter is the product of a collaborative effort**

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